

Resource List - Evolving to Inclusivity Workshop - 3/1/2020

Compiled by Rev. Dinah Chapman - 925-998-8847 - unity joy.org

****New****

Shariff Abdullah's New Campaign in 2020

A Campaign for an Awakening Humanity - Jan 30 - April 4

64 Days - correlates with the Season for Non-Violence

<https://commonway.org/activities/>

Sign up to get on mailing list.

Ted Talk: <https://youtu.be/VBkVpYeSrZQ>

Commonway's Goals:

1. To maximize the transformation of consciousness, as quickly and effectively as possible.
2. To catalyze the understanding and practice of our universal values, especially the primary value of **inclusivity**.
3. To bring our collective behavior in line with our consciousness and values.

****New***

Compassion Warrior - Boot Camp for White Allies, Dr. David Camp

Website: <http://www.davidcamp.com>

****New Video****

Unity Center - San Diego, CA - Dr. David Camp Workshop: (slight static)

<https://www.youtube.com/watch?v=qlsAofG5AbM&feature=youtu.be>

<https://www.kusi.com/dismantling-racism-workshop-at-the-unity-center/>

Books

Abdullah, Shariff, JD, and Leslie Hamilton, *Practicing Inclusivity, A Workbook for Transformation*, Commonway Publishing, Portland, OR, 2016.

Abdullah, Shariff, JD, *Creating a World that Works for All*, Berrett-Koehler Publishers, Inc., San Francisco, CA, 1999.

Alexander, Michelle, *The New Jim Crow—Mass Incarceration in the Age of Colorblindness*, The New Press, New York, NY, 2011.

New!!

Brown, Tracy, *Stained Glass Spirit - Becoming a Spiritual Community Where Oneness Does Not Require Sameness*, self-published, 2018.

Website: StainedGlassSpirit.net

Paperback: <https://amzn.to/2UjV2Cm>

Kindle: <https://amzn.to/2FDEagy>

Cannon, Mae Elise, *Social Justice Handbook—Small Steps for a Better World*, InterVarsity Press, Downers Grove, IL, 2009.

Diangelo, Robin, *White Fragility—Why It's so Hard for White People to Talk About Racism*, Beacon Press, Boston, MA, 2018.

Kim, Grace Ji-Sun, *Embracing the Other—The Transformative Spirit of Love*, William Eerdsman Publishing Company, Grand Rapids, MI, 2015.

Robbins, Steve L, PhD, *What If—Short Stories to Spark Inclusion & Diversity Dialogue*, Nicholas Brealey Publishing, Boston, MA, 2008, 2018.

Schrag, Peter, *Not Fit For Our Society—Nativism and Immigration*, University of California Press, Berkeley and Los Angeles, CA, 2010.

St. Onge, Patricia, et al., *Embracing Cultural Competency—A Roadmap for Nonprofit Capacity Builders*, Alliance for Nonprofit Management (Fieldstone Alliance), 2009.

Websites/Videos

www.crackingthecodes.org (accessed 2/17/17)

<https://youtu.be/Wf9QBnPK6Yg> (accessed 2/17/17)

[#DiversityStoryteller](https://twitter.com/DiversityStoryteller)

The Promise: A Lesson in White Privilege - Phyllis Unterschuetz

<https://youtu.be/A89xhMV63rQ>

Cracking the Code (CTC): Joy DeGruy. Grocery Store

3:57

<https://www.youtube.com/watch?v=Wf9QBnPK6Yg>

(CTC)Mirrors of Privilege: Understanding White Privilege 1:59

<https://www.youtube.com/watch?v=uuXWJDyGct4>

What it takes to be racially literate (Priya Vulchi and Winona Guo | TEDWomen 2017)

[https://www.ted.com/talks/](https://www.ted.com/talks/priya_vulchi_and_winona_guo_what_it_takes_to_be_racially_literate?utm_source=tedcomshare&utm_medium=email&utm_campaign=tedsread)

[priya_vulchi_and_winona_guo_what_it_takes_to_be_racially_literate?utm_source=tedcomshare&utm_medium=email&utm_campaign=tedsread](https://www.ted.com/talks/priya_vulchi_and_winona_guo_what_it_takes_to_be_racially_literate?utm_source=tedcomshare&utm_medium=email&utm_campaign=tedsread)

Why I chose my LGBTQ daughter over the Evangelical Church | Susan Cottrell | TEDxMileHigh

<https://youtu.be/rP01bH9Ljf4>

DiversityInc - Advice on how to respond to “I don’t see color” - <https://www.facebook.com/DiversityInc/videos/230360124536057/> (explains good intent / negative impact of microaggressions and how to respond and give feedback)

The King Center for Non-Violent Social Change

<http://www.thekingcenter.org>

<http://chosenonviolence.org/howtochoose>

Equal Justice Initiative - eji.org

Eva Patterson - Unconscious Bias

<http://equaljusticesociety.wordpress.com/aboutus/evapaterson/>

https://www.youtube.com/watch?v=t-dsB_2EulQ

How to Outsmart Your Own Unconscious Bias | Valerie Alexander |

TEDxPasadenaResource Sheets - <https://youtu.be/GP-cqFLS8Q4>

World Trust - Social Impact through Film and Dialogue

<http://world-trust.org/shop/films/cracking-codes-system-racial-inequity/>

[#prettyPhoto](#)

Racial Equity Tools & Tipsheets

(glossary) - <http://www.racialequitytools.org/fundamentals/resource-lists#FUN20>

Saying Goodbye to 2018's Seesaw of Outrage and Numbness by Deepa Iyer:
<https://medium.com/@dviyer/saying-goodbye-to-2018s-seesaw-of-outrage-and-numbness-5671aa6768df>

Privilege Walk Exercise:

https://www.uh.edu/cdi/diversity_education/resources/activities/pdf/privilege-walk.pdf

Microaggressions:

<https://www.businessinsider.com/microaggression-unconscious-bias-at-work-2018-6>

Movies for Black History Month

Just Mercy - Bryan Stevenson's story of freeing a man on death row in Alabama

Harriett - the story of Harriet Tubman

13th - Directed by Ava DuVernay

White Like Me - Tim Wise - on YouTube

June 2020 Additional Resource

June 20, 2020 Moral March on Washington

<https://actionnetwork.org/forms/rsvp-for-june-20-2020-mass-poor-peoples-assembly-moral-march-on-washington?source=CAC>

Anti-racist Resources (Huge List!)

[https://docs.google.com/document/d/1BRIF2_zhNe86SGgHa6-VIBO-QgirITwCTugSfKie5Fs/preview?](https://docs.google.com/document/d/1BRIF2_zhNe86SGgHa6-VIBO-QgirITwCTugSfKie5Fs/preview?fbclid=IwAR2I4fTWzsH5ndeyRzlUY1ILoJtxv1TtzoqYIHLokz mw_a9I3TU18G3CoPs&pru=AAABco2JJ0U*Q1Hpt3eanpSLbzA6Tdiuqw)

[fbclid=IwAR2I4fTWzsH5ndeyRzlUY1ILoJtxv1TtzoqYIHLokz mw_a9I3TU18G3CoPs&pru=AAABco2JJ0U*Q1Hpt3eanpSLbzA6Tdiuqw](https://docs.google.com/document/d/1BRIF2_zhNe86SGgHa6-VIBO-QgirITwCTugSfKie5Fs/preview?fbclid=IwAR2I4fTWzsH5ndeyRzlUY1ILoJtxv1TtzoqYIHLokz mw_a9I3TU18G3CoPs&pru=AAABco2JJ0U*Q1Hpt3eanpSLbzA6Tdiuqw)

Here is a shorter link: bit.ly/ANTIRACISMRESOURCES

StirFry Seminar and Consulting (in California)

<https://www.stirfryseminars.com/>

<https://stirfryseminars.com/resources/handouts.php>

<https://stirfryseminars.com/resources/handouts/Topic-2-05.pdf>

From *Crucial Conversations*:

Here is the link to the Style Under Stress assessment. <http://www.vital-smarts.com/style-under-stress.aspx>

When have crucial conversations:

- Start With Heart
- Learn to Look
- Make It Safe
- Master My Stories
- State My Path
- Move to Action

“Our brain creates associations to help us make sense of the world.”

We can be/are unwitting accomplices...in inequities, perpetuating them without an awareness of what and how we’re doing it. Our brains have already stored up so many patterns of associations (so much information)...brains always scanning looking for repeat patterns.

16 million - implicit association bias tests - gender bias is there for all of us - we all have some.

“Go to transforming the conversation from blame and shame to committed action.”

Harvard Implicit Bias Test

<https://implicit.harvard.edu/implicit/>

75 Things White People Can Do for Racial Justice

<https://medium.com/equality-includes-you/what-white-people-can-do-for-racial-justice-f2d18b0e0234>

Showing up for Racial Justice

<https://www.showingupforracialjustice.org>